



LONG TERM PLANNING

Key Stage1 & 2 PSHE

PSHE is a non-statutory subject.

Health and Wellbeing pupils should be taught:

- what is meant by a healthy lifestyle
- how to maintain physical, mental and emotional health and wellbeing
- how to manage risks to physical and emotional health and wellbeing ways of keeping physically and emotionally safe about managing change, such as puberty, transition and loss
- how to make informed choices about health and wellbeing and to recognise sources of help
- how to respond in an emergency
- to identify different influences on health and wellbeing

Relationships pupils should be taught:

- how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts
- how to recognise and manage emotions within a range of relationships
- how to recognise risky or negative relationships including all forms of bullying and abuse
- how to respond to risky or negative relationships and ask for help how to respect equality and diversity in relationships

Living in the Wider World pupils should focus on:

- economic wellbeing and being a responsible citizen' and be taught: about respect for the self and others and the importance of responsible behaviours and actions
- about rights and responsibilities as members of families, other groups and ultimately as citizens
- about different groups and communities
- to respect equality and to be a productive member of a diverse community
- about the importance of respecting and protecting the environment
- about where money comes from, keeping it safe and the importance of managing it effectively
- how money plays an important part in people's lives
- a basic understanding of enterprise



Autumn	Spring	Summer
<p><u>Year 1</u></p> <p>New Beginnings (SEAL) School Council</p> <p>Getting On and Falling Out (SEAL) Anti-bullying Week Road Safety</p>	<p>Going for Goals (SEAL) Drugs Teeth</p> <p>Good To Be Me (SEAL) SRE Personal Finance</p>	<p>Relationships (SEAL) Sun Safety Building Site Safety</p> <p>Changes (SEAL) My Money Week E-Safety</p>
<p><u>Year 2</u></p> <p>New Beginnings (SEAL) Healthy Eating School Council</p> <p>Getting On and Falling Out (SEAL) Anti-bullying Week Road Safety</p>	<p>Going for Goals (SEAL) Drugs</p> <p>Good To Be Me (SEAL) SRE Personal Finance</p>	<p>Relationships (SEAL)</p> <p>Changes (SEAL) My Money Week Healthy Lifestyles</p>
<p><u>Year 3</u></p> <p>New Beginnings (SEAL) School Council</p> <p>Getting On and Falling Out (SEAL) Anti-bullying Week Road Safety</p>	<p>Going for Goals (SEAL) Teeth Personal Finance</p> <p>Good To Be Me (SEAL) Drugs</p>	<p>Relationships (SEAL) SRE Sun Safety</p> <p>Changes (SEAL) My Money Week E-Safety RNLI Water Safety</p>



<p><u>Year 4</u> New Beginnings (SEAL) School Council Healthy Eating</p> <p>Getting On and Falling Out (SEAL) Anti-bullying Week Road Safety</p>	<p>Getting On and Falling Out (SEAL) Teeth Personal Finance Careers Related Learning</p> <p>Good To Be Me (SEAL) Drugs Building Site Safety</p>	<p>Relationships (SEAL) SRE</p> <p>Changes My Money Week Healthy Lifestyles RNLI Water Safety</p>
<p><u>Year 5</u> New Beginnings (SEAL) School Council</p> <p>Getting On and Falling Out (SEAL) Anti-bullying Week Road Safety</p>	<p>Going for Goals (SEAL) Teeth Personal Finance</p> <p>Good To Be Me (SEAL) Drugs</p>	<p>Relationships (SEAL) SRE Sun Safety</p> <p>Changes (SEAL) My Money Week E-Safety RNLI Water Safety</p>
<p><u>Year 6</u> New Beginnings (SEAL) School Council Healthy Eating</p> <p>Getting On and Falling Out (SEAL) Anti-bullying Week Road Safety</p>	<p>Going for Goals (SEAL) Careers Related Learning Personal Finance</p> <p>Good To Be Me (SEAL) SRE</p>	<p>Relationships (SEAL) Drugs</p> <p>Changes My Money Week Rail Safety E-Safety</p>