



# Alymerton Field Study Centre

Wed 11<sup>th</sup> to Friday 13<sup>th</sup> October



# Adults on the trip

- Miss Curtis
  - Mrs Posnett
  - Mrs Wilson
  - Mrs Parish
  - Mr Driver
  - Mr Scurr
  - Miss Walton
- + 3 centre  
leaders

# The day we leave:

- Please do not park in Balmoral Close or on school site
- 8:00 – 8:15 arrive in the hall
- 8:30 Prompt departure
- Small holdall luggage that child can carry
- We are travelling in one coach and also taking a car.
- Children will need a packed lunch and a drink.

# What to take:

- Please use the kit list we have given you
- Small holdall or case that can fit under a bed
- A small back pack (carrying lunch) and water bottle (please name)
- Footwear – rugged trainers / walking shoes – not converse/ plimsoll type
- Waterproof
- Not jeans – assume children will get wet every day!
- Please include bin bag (wet clothes) and named carrier bag with wellingtons
- Pocket money £5 (there is a trinket/tuck shop)

# Banned items!

- Technology (no phones / electronic games / ipods)
- Aerosols
- Sweet stashes
- (named disposable cameras only)

**A wholesome  
holiday!**

# Itinerary

- Day 1 – Arrive – lunch – West Runton (Rockpools/ Fossils / Glacial Erosion). Evening – twilight safari.
- Day 2 – Team building / hide building. Cromer Lifeboat Museum and Sand Sculptures. Evening camp fire and stories.
- Day 3 – Blakeney. Ferry to seals. Lunch on the Blakeney Point. Leave for home 1:30pm
- ETA NHPS – 5:15 pm
- The itinerary may be re-jigged if necessary to ensure good weather for boat trip.



# Rooms

- Rooms are dormitories / bunks.
- Toilets / showers in dormitories.
- At least 2 staff on each floor.
- Room inspections every day!!



# Facilities

- Group dining hall
- Activity room indoors
- Field /outdoor covered area / climbing trail
- Washing machine / dryer



# Security

- AFSC has the 'LOtC Quality Badge'
- Centre staff are on site until about 10:30pm
- Emergency on call centre staff (for site issues)
- Locked in (fire doors can't be opened from outside)
- Fire drills / briefings
- Landline



# Communication

- Twitter (we will try to post each day but please understand that internet is very poor there and this will be limited)
- Trip phone in emergencies only – 07593 814175 (Mrs Whiteman)
- We will have all contact details with us
- We will post on twitter ETA back at NHPS



# Medication

- Pupils carry inhalers
- Other medicine in named envelopes handed in to Mrs Parish before departure
- Please consider travel medication for coach / boat trip if required